Help for people with dementia and their families

Get the practical and emotional support you need in Posterngate Surgery

Our Dementia Support Workers can help you find exactly what local support is best for you. They will listen to your needs and offer tailored information and advice and link you up with local professionals and services.

Where to find us?

Portholme Road Selby North Yorkshire YO8 4QH 45 minute appointments available

Our service runs

3rd Monday of month: 1:00 - 4:00pm Available for anyone:

Una made me feel as though someone knew exactly what was going on and was not judging.

David, who has dementia



To find out more contact us on:

yorkservices@ alzheimers.org.uk

01757 702561

alzheimers.org.uk

